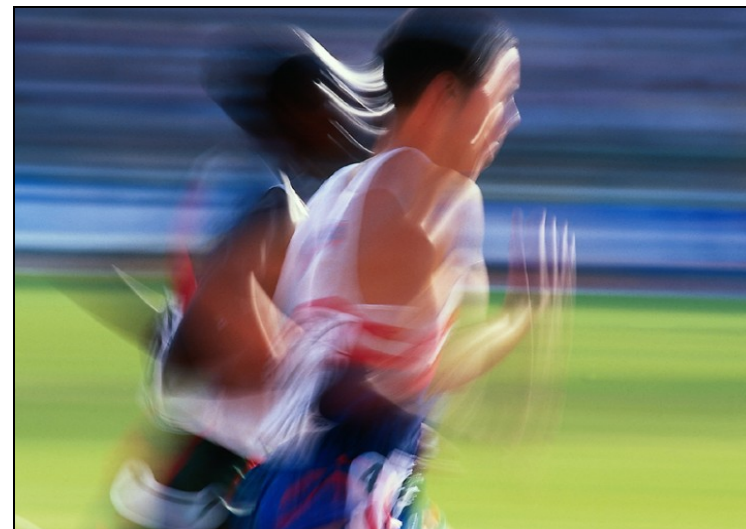


Hours Of Operation:

Monday-Friday 0630-2630/Training Holidays 0730-1630
 (Closed on all Federal Holidays)
 Location: Building 2-2015 Jackson St. Fort Bragg, NC 28310
 Phone Number: (910) 643-2101
 Programs are open to Active Duty, Family members, Retirees
 and Civilians. Required Pre-Registration.



JUNE 2011

Mon	Tue	Wed	Thu	Fri
		1	2	3 <i>Upping Your Metabolism 1100-1200</i>
6 <i>Ready to Quit 11-1200 Upping Your Metabolism 1100-1200</i>	7 <i>Stress Management 1100-1200</i>	8 <i>No UYM class</i>	9	10 <i>Upping Your Metabolism 1100-1200</i>
13 <i>Ready to Quit 1100-1200</i>	14 <i>Stress Management 1100-1200</i>	15	16	17 <i>Upping Your Metabolism 1100-1200</i>
20 <i>Ready to Quit 1100-1200</i>	21 <i>Stress Management 1100-1200</i>	22	23	24 <i>Upping Your Metabolism 1100-1200</i>
27 <i>Ready to Quit 1100-1200</i> <i>No RTQ class</i>	28 <i>Stress Management 1100-1200</i> <i>No Stress class</i>	29	30	